

**SHRIMATI INDIRA GANDHI COLLEGE**  
**TIRUCHIRAPPALLI – 620 002**  
**(Nationally Accredited at ‘A’ Grade by NAAC)**

**National Service Scheme**  
**2018 - 2019**

\*\*\*\*\*

1. 50 NSS Volunteers participated in the Awareness Rally in the **Yoga Demonstration** Celebrations conducted by Bharathidasan University, Tiruchirappalli on 21.06.2018. Rally was started at Bharathidasan University, Khajamalai Campus and ended at the same.



2. 100 NSS & Youth Red Cross Volunteers participated in the Awareness Rally on **International Drug Abuse and Illicit Trafficking** Celebrations organized by The Indian RedCross Society (Trichy Branch) on 26.06.2018. The Rally was flagged off by the District Collector Mr.K.Rajamani, I.A.S & Trichy City Police Commissioner Dr.A.Amalraj, I.P.S. The Rally started at Major Saravanan Circle and ended at Railway Station, Tiruchirappalli.

3. Conducted a Lecture Programme on “**Citizens for Uyyakondan**” by Dr.K.Narasimha Rao, Member of Citizens for Uyyakondan, Trichy on 04.07.2018 held at Shrimati Indira Gandhi College,Trichy. He explained the importance of Uyyakondan River a water resource and the history of Uyyakondan segregation of wastage and proper disposal methods. Mr.Godwin, Asst. Professor of Architecture, CARE School of Architecture, Trichy spoke about the water resource management and the structure of Kallanai. In this Programme 250 Volunteers participated



4. The NSS Programme Officers and 30 NSS Volunteers participated in **My City – My Duty**“**Citizens for Uyyakondan**’ Trichy conducted by Cleaning activities in the river banks of Uyyakondan on 22.07.2018.



5. 30 NSS Volunteers attended the “**Health Camp cum Valediction of the Awareness on Menstrual Hygiene Management**” organized by Menstrual Hygiene Management Consortium (MHMC), Clinical Research Committee, Youth Cell, Federation of Obstetric & Gynecological Societies of India (FOGSI) and Shirdi Sri Thayumana Saibaba Seva Project at Garbarakshagi Mahal, Cantonment, Trichy on 27.07.2018. The Slogan Writing (NSS Women Students) and Mime

Competitions for all the college girls from other Districts including Pudukkottai, Perambalur, Ariyalur, Thanjavur etc., have participated. 'Group Song' competition for all the SHGs Women and the Member of All Ladies Clubs of Trichy Dr.K.Meena, Vice President, MHMC and Former Vice Chancellor, Bharathidasan University delivered the presidential address.



6. 30 NSS Volunteers along with Ms.K.Kavitha and Ms.V.Geetha NSS Programme Officers went to the Trichy Rockfort Temple to help the temple officials to count the **Hundial Money** on 28.08.2018.





7. 4 NSS Programme Officers & 20 NSS Volunteers participated in the Eye Screening Camp for the College Teachers jointly organized by the NSS Cell of Bharathidasan University and Joseph Eye Hospital, Trichy on 05.09.2018. Dr.A.Lakshmi Prabha , NSS Coordinator i/c, Bharathidasan University inaugurated the Camp.

8. The NSS Units of Shrimati Indira Gandhi College, Trichy conducted a programme on “**Global Hand Washing Awareness Programme**” for the School Children at P.S.Indu Govt. School, Trichy on 15.10.2018.



9. 50 NSS Volunteers and Programme Officers participated in an Awareness programme on “**Mega Plogging**” organized Trichy City Corporation as a part of Swachh Bharat Mission on 02.10.2018 at “Thillainayagan Padithurai” Cauvery river, Trichy. They picked out and collected plastic materials and carry bags



10. The Tiruchirappalli City Corporation, Menstrual Hygiene Management Consortium (MHMC) and NSS Units of Bharathidasan University, Tiruchirappalli jointly organized a **Seminar on “Health & Hygiene for Women and Release of a Booklet with Slogans on “Menstrual Hygiene Management Awareness”** for Sanitary Workers at in Devar Hall, Tiruchirappalli on 24.11.2018. An inter-collegiate slogan writing competition was held for the College Girls students. More than 450 slogans were received and Dr. Lakshmi Prabha NSS Coordinator (i/c), Bharathidasan University, Trichy, and the NSS Programme Officers of Shrimati Indira Gandhi College, Trichy, scrutinized the slogans and selected 100 best slogans. These 100 slogans were compiled into the form of a booklet. Dr.K.Meena, Vice President, MHMC and Former Vice Chancellor, Bharathidasan University, Tiruchirappalli gave a talk on awareness about Menstrual Hygiene Management was created among Sanitary Workers of Tiruchirappalli City Corporation.



11. 20 NSS Volunteers participated in an **Essay Writing competition** topic on **“Character Building with Special Focus on making youth sensitive to Traditional Values”** conducted by NSS Units of **Bharathidasan University**, Trichy on 02.01.2019 at our college campus. Among these two essays were selected and sent to the NSS Units of Bharathidasan University, Tiruchirappalli.

12. On 02.1.19, 100 NSS Volunteers attended **“Youth Sensitising Programme”** (Save and Educate the girl Child Campaign) Oath taking, Brochure and Poster releasing and Distribution of Prizes to the winners of the Poetry – Writing Competition on the topic **“Pudhumai Pengalai Padaippom”** and the Poster Competition on **“Udhiri Pookala Pengal ?”** at Shrimati Indira Gandhi College. The programme organized by Tamilnadu State Rural and Urban livelihood Mission (Magalir Thittam) Tiruchirappalli, Menstrual Hygiene Management Consortium (MHMC) Tiruchirappalli, YUGAA, Tiruchirappalli & ENABLE, Tiruchirappalli.



13. The NSS Units of Shrimati Indira Gandhi College, Trichy conducted a General **Orientation programme** for the I Year (250 NSS Volunteers) by **Dr.S.Chellammal**, Assistant Professor, Department of Computer Science & NSS Programme Officer, Bharathidasan University Constituent College, Navalur kuttapattu, Tiruchirappalli on 10.01.2019. She explained two kinds of NSS activities, Emblem and Motto of the NSS.



14. The Dinamalar, SCOPE, National Service Scheme, Shrimati Indira Gandhi College, Menstrual Hygiene Management Consortium (MHMC) and Panchayat Union Primary School & Union Mandram, Pagalavaadi jointly organized “**Sugadhaara Pongal Vizha Celebrations**” at Pagalavaadi, Thuraiyur on 11.01.2019. Dr.K.Meena, Former Vice Chancellor, Bharathidasan University, Tiruchirappalli released the Brochure on “**Sugadhaara Pongal**” and distributed the Prizes. 30 NSS Volunteers explained such as like the topic on “Thinnai Pechu”, “Hand Washing Methods”, “Yoga”, “Menstrual Hygiene”, “Sathaana Unavu” and “Pengulanthaigalai Kappom”.





15. 30 NSS Volunteers along with Ms.R.Vasanthi, NSS Programme Officers went to the TrichyRockfort Temple to help the temple officials to count the Hundial Money on 23.01.2019.

16. On **31.01.2019**, 30 NSS Volunteers were carried out the **Toilet Construction work** at Periyar Nagar and Mallaachipuram, Andhanallur Union Block, Trichy. In this programme Mr.Senthilkumar, Block Civil Engineer gave a speech about construction of the toilet under Government concession.



17. The NSS Units of Shrimati Indira Gandhi College, Trichy conducted a **General Awareness Programme on “Menstrual Hygiene, Healthy Food, Book Reading, Hand Washing & Segregation of Waste”** by the NSS Programme Officers and 30 NSS Volunteers at Government Higher Secondary School, Poovalur, Trichy On 05.02.2019. As the part of the programme, the NSS Volunteers and Programme Officers discussed with the School Students the importance of Sanitary Napkins, the proper way of disposing it, Personal Hygiene and the spread of diseases by the usage of dirty cloth material repeatedly. Our NSS Volunteers gave a demo on Hand Washing Methods and through a street play they gave a safety tips in order to protect ourselves from the harassments.

18. 30 NSS Volunteers along with Ms.K.Kavitha NSS Programme Officer participated in a One Day Workshop on **“Embellishing Interpersonal Skills For Interview”** jointly organized by NSS Cell of Bharathidasan University & Bishop Heber College, Tiruchirappalli on 09..02.2019.



19. The NSS Units of Shrimati Indira Gandhi College, Trichy conducted a general **Awareness Programme on Menstrual Hygiene, Healthy Food, Save the Girl Child and Freehand Embroidery** for school students at Vivekananda Higher Secondary School, Tirupparaithurai on 11.02.2019. The 50 NSS Volunteers and Programme Officers spoke about Menstrual Hygiene and how to dispose the used napkins in the proper way. They also stressed on the importance of a nutritious diet for a healthy well being. The importance of proper hand washing before and after every meal and after using the toilet was also demonstrated. The method to safeguard oneself during emergency was shown. Many pamphlets with instructions were distributed.



20. On 18.03.2019 NSS Units of Shrimati Indira Gandhi College ,Trichy in collaboration with City Corporation, Trichy conducted a **Voter's Awareness programme** at R.V.Auditorium. Mr. M. Gunasekar Assistant Commissioner, City Corporation (Shrirangam Block) Trichy and Mr. R. Ramesh Kumar, Administrative officer, City Corporation (Shrirangam Block) Trichy, explained the importance of voting and about the new polling machine. 400 NSS Volunteer participated in this programme.





21. A **Signature campaign** to spread the awareness to vote promptly without accepting any money. The dignitaries including the District Collector, Corporation Commissioner, the Secretary of Shrimati Indira Gandhi College, Principal, Vice-Principal and the officials from the corporation and Collector Office along with the 400 students and Faculty members of ShrimatiIndira Gandhi College affixed their signature on the white board kept in the college campus to express their solidarity in voting.



22. 50 NSS Volunteers along with Ms.S.Kannammal, NSS ProgrammeOfficers went to the Trichy Rockfort Temple to help the temple officials to count the Hundial Money on 28.03.2019.



23. 50 NSS Volunteers along with Ms.R.Vasanthi & Ms.K.Kavitha NSS Programme Officer participated in the Rally for “**VOTER’S AWARENESS**” organized by the City Corporation and the Collector office, Trichy on **12.04.2019**. The Rally flagged off by the Trichy City Collector. The Rally started at E.R. Higher Secondary School went through Shrimati Indira Gandhi College and ended at E.R. Higher Secondary School. This Awareness Rally is specially conducted for Physically Challenged people and their duty to vote compulsorily. They took a tricycle ride to show their participation in compulsory voting.

# EXNORA

**My City My Duty: Mission Uyyakondan**

**Date: 04.07.2018**



# **“Traffic awareness Programme”**

**Date: 31.07.2018**



# **“Garbage to Garden”**

**Date:13.10.2018**



## **RED RIBBON CLUB**

1. On 10.08.2018 an awareness programme on the importance of saving water was conducted for the RRC Volunteers on the Topic “SAVE WATER SAVE FUTURE “ at the Vidhya Seva Ratnam Auditorium K.Sathish Kumar Member of the THANEER, the environment protective voice was the resource person. He advised the volunteers to use water when it is necessary .



2. On 02.01.2019 the Red Ribbon Club of Shrimati Indira Gandhi College conducted competitions such as Essay Writing (English), Slogan writing to create awareness against the treatment of AIDS. The competitions were held at VG Block at 2.00 P.M. 30 students participated in the competition . Prizes were awarded for the prize winners (List Below).

### **ESSAY WRITING (ENGLISH)**

1. K.LEKA II B.SC (CHEMISTRY)
2. J. RAMYA II B.A (ENGLISH)
3. R. KOWSALYA II BBM

### **SLOGAN RITING**

1. R.KIRTHIKA II B.COM
2. V.AJITHA II B.SC (MATHS)
3. S. RAVEENA II B.LIT

4. Conducted an **Awareness Programme on “Menstrual Hygiene, Healthy Food & Hand Washing”** by the 30 RRC Volunteers at Government Higher Secondary School, Poovalur, Trichyon 05.02.2019. As the part of the programme, the RRC Volunteers discussed with the School Students about the importance of Sanitary Napkins, the proper way of disposing it, Personal Hygiene and the spread of diseases by the usage of dirty cloth material repeatedly. RRC Volunteers gave a demo on Hand Washing Methods and through a street play they gave a safety tips in order to protect ourselves from the harassment.



## YOUTH RED CROSS (YRC)

S.No	Date	Year	Activity
1.	26.06.2018	2018	Rally for “ Drug abuseand illicit trafficking”
2.	04.07.2018	2018	Power point presentation on “mission Uyyakondan”

### 1. “ Drug Abuse and Illicit trafficking”

On 26th June 2018 hundred NSS volunteers and 50 YRC students participated in the rally for “Drug abuse and illicit trafficking” organised by Indian Red Cross Society Tiruchirappalli. The rally flagged off by the Trichy city Police Commissioner Dr.A.Amalraj IPS. The rally started at St John's Vestry Anglo Indian Higher Secondary School through major Saravanan circle and ended at railway station Trichy.



### 2. “Mission Uyyakondan”

On 4th July 2018 around 300 students from NSS, YRC(150) Rotaract and Exnora attended an awareness program on Mission Uyyakondan. Dr. Narasimha Rao orthopaedic surgeon gave a lecture on Mission Uyyakondan. He explained about how to save our water resources and how to dispose wastage without spoiling water resources. He created an awareness among the students about “My City - My Duty” through his PowerPoint presentation on Mission Uyyakondan.



## Awareness program on Mission Uyyakundan

